



Dominica! – waterfalls, hot springs, hikes, and fruits/veggies everywhere!

Description

[From Marie Galant](#), we had an excellent sail to Portsmouth, Dominica on January 18th (the kids even [saw a whale](#).) Getting to Portsmouth was a high priority for me because our generator has been having some issues and we had some spare parts shipped to our soon to be friend Edison at Portsmouth... Dave and Lana on Nemetona had been to Dominica and recommended we get help from Edison, and he did not disappoint. The first thing you need to know about the people in Dominica, is that they know their island, know it well, and are proud of what they have to offer. Dominica is an island of hikes, waterfalls, fresh fruits and veggies, and all around good adventure. At this point, certainly the highlight of our trip so far!

Edisson Laville is a member of PAYS (Portsmouth Association of Yacht Services) which is a group of local “boat boys”, who are there to make your stay in Portsmouth easy and memorable. Edison and his team of Ken and Winston were there to help us out with tours of the island and island info, and any boat help we needed. You can check out [Edisson's info here](#) and [Ken's here](#) – If you are ever on Dominica these guys know their stuff and are treated us like family. We also met up with Spesh, [Super Spesh](#), (recommended by Anna and Spike on Tribe) for a tour of the island – Like Edison and Ken, Spesh really knows his stuff and if you are on the island don't miss the chance to tour with him!

After Portsmouth we sailed down the coast to Roseau and met up with Seacat who was highly recommended by our friends at Hands across the sea – Harriet and Tom Linsky – [here is a great article Tom did on Seacat](#) – Seacat and his tours are NOT to be missed!

From Dominica we sailed to Martinique to relive some of our French glory from Guadeloupe, and I post this now from Rodney Bay in St Lucia, but that is another story....

Mira is working on a fun little video of our time in Dominica so I will save the details for her, but some fun highlights in Pictures:

Indian River, Leslie's Farm, Syndicate Trail, Calibishe, Rivers, hikes, NEF BWA Falls, Sulphur Springs, Fresh fruits and veggies everywhere, Soccer, Fresh Markets, Milton Falls, Fresh Water Lake, Tito Gorge, Trafalga Falls, Soufriere Natural Hot tubes, Champagne beach, Carnival, Armitage crew on

Nemetona, Rogers Crew on Tangent – Yikes – Dominica was truly full of adventures we will never forget!!!

Category

1. dominica
2. Uncategorized

Tags

1. dominica
2. edisson
3. fruits
4. hiking
5. hot springs
6. ken
7. seacat
8. spesh
9. veggies
10. waterfalls

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